

2024

ANNUAL REPORT

Southern Alabama AHEC



NEW CHAPTER, SAME STORY OF SERVICE

Prepared By:
Natalie Kidd
Ismath Ferdous



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Letter from the Executive Director

Dear Friends and Colleagues,

As we reflect on another impactful year at Southern Alabama AHEC (SAAHEC), I am filled with gratitude for the dedication and support of our partners, staff, and community members who have worked tirelessly to improve healthcare access and education across our region.

This past year has been one of growth and opportunity. We have expanded our outreach programs, provided invaluable training for healthcare professionals, and continued our mission to address the critical healthcare workforce needs in rural and underserved communities. Our team has worked diligently to bridge gaps in healthcare by offering innovative educational opportunities, strengthening partnerships, and advocating for policies that promote health equity.

Among our key accomplishments last year, we have:

- Increased the number of students participating in our health careers pipeline programs, inspiring the next generation of healthcare professionals
- Expanded our healthcare education and training offerings to address the ongoing need for trained health professionals in rural healthcare facilities
- Fostered healthier and more connected communities by offering health education, prevention, and health literacy across our ten-county service areas
- Strengthened our collaborations with healthcare providers, healthcare facilities, educational institutions, and community organizations to address the unique challenges faced by rural communities

Looking ahead, we remain committed to our mission of bridging gaps in rural and underserved communities in Southern Alabama. In the coming year, we will continue to seek innovative ways to serve our communities, expand our impact, and ensure that individuals in Southern Alabama have the healthcare resources they need to thrive.

I want to extend my heartfelt appreciation to each of you—our partners, supporters, and stakeholders—who make our work possible. Your commitment and passion are the driving forces behind our success, and we look forward to continuing this journey together. Thank you for your unwavering support. Here's to another year of making a meaningful difference in the lives of those we serve.

Sincerely,

Vanessa Hall

Vanessa Hall
Executive Director
Southern Alabama AHEC



Meet Our Team



VANESSA HALL EXECUTIVE DIRECTOR

Vanessa has worked in public service for over 20 years, both in the private and public sector. She is an Air Force veteran having served 15 years as an avionics technician, radiologic technologist, instructor/trainer, and manager, enabling her to achieve the rank of Master Sergeant (E-7). Vanessa has a Bachelor's degree in Health Sciences/Radiologic Science, a Master's Degree in Human Services Counseling and graduate certificates in Organizational Communication and Health Promotion. She was appointed by Gov. Kay Ivey to serve on the Alabama Committee on Credentialing and Career Pathways Technical Advisory Committee and the Alabama State Department of Education CTE Textbook Committee. Vanessa served on the Alabama Rural Health Association board of directors from 2018-2024.



MD IKBAL PARVEG ASSOCIATE DIRECTOR

Ikbal started his career as a Clinical Physiotherapist working in a hospital back in his home country Bangladesh in 2010. He practiced physical therapy and worked as a Physical Therapy Consultant in several non-profit clinics and organizations until he came to the US to pursue a MS degree in public health in 2014. While studying at Western KY University, he worked as a Graduate Research Assistant and completed a Public Health Internship with South Central KY AHEC. He joined Southern Alabama AHEC as the Program Manager in May 2017 and was promoted to Director of Programs in May 2021. Then, he was promoted to Associate Director with an increased managerial role in Center Operations in May 2023. He enjoys living in Alabama and serving rural and underserved communities to improve their health and well-being.



KELLY BRANDIN GENERAL MANAGER, PROGRAMMATIC OPERATIONS

Kelly M. Brandin, a native of Louisiana, has resided in Alabama since 1990 and currently calls Opp her home. She holds a Bachelor of Arts degree in Elementary Education (Louisiana College, 1985), a Master of Science degree in Elementary Education (Troy State University, 1994), a certification at the Master's level in Educational Leadership (Troy State University, 1996), and an Education Specialist degree in Teacher Leader (Troy University, 2015). In 2017, after 32 years of service to the field of education, she retired to serve as the Executive Administrator for her local chamber of commerce. In July of 2023, Kelly was hired for the newly-created position of General Manager of Programmatic Operations.



KATIE MORGAN

COMMUNITY & EDUCATION LIAISON

Katie Morgan became the Community and Education Outreach Liaison for Southern Alabama AHEC in 2023. As a Troy University graduate with a bachelor's degree in Human Services, she is passionate about serving her community and bridging gaps in rural and underserved areas. She is a Crenshaw county native who desires to see small towns and communities thrive in their socioeconomic status and overall well being. Katie is happily married to her husband, Jonas, and has a three year old son named Micah.



NATALIE KIDD, MD

PROGRAM MANAGER

Dr. Kidd (Natalie) grew up in Birmingham, Alabama, and has lived in Alabama for most of her life. She graduated from the University of Alabama in Tuscaloosa, Alabama, in 2018 with a BS in Chemistry. She was a Germany Fulbright Scholar in 2018-2019. After her grant period, she completed her medical degree (MD) at the University of South Alabama's Whiddon College of Medicine in Mobile, Alabama, in May of 2023. She was chosen for the Program Manager position for AHEC in October 2023, and is excited to serve underserved Alabama communities.



ISMATH JIM FERDOUS

PROGRAM COORDINATOR

Ismath Ferdous Jim is from Bangladesh and has a diverse professional background, including multiple Human Resource and Management positions. Ismath holds a Bachelor's and Master of Science in Art and Creative Studies, but her passion lies in promoting a prosperous and healthy lifestyle. In pursuit of this passion, she completed a Master of Health Promotion degree from the University of South Alabama in the USA in 2024. She was an AHEC scholar graduate for the class of 2024, and she worked as an intern with SAAHEC prior to her graduation. Following her graduation, she officially joined the Southern Alabama AHEC team.



LAQUANDA WILLIAMS

COMMUNITY HEALTH COORDINATOR

LaQuanda is a Frisco City native with a passion for the underserved and veterans. LaQuanda obtained her Bachelors of Science in Health Care Administration with a minor in Emergency Medical Services Management in 2021. Immediately afterwards, LaQuanda enrolled in the Masters of Public Health with a minor in Community Health Education program at Columbia Southern University receiving her MPH in 2023. In 2023, LaQuanda worked as a contractor on the Staff Sergeant Parker Gordon Fox Suicide Prevention Grant Program, and now works full time on the SAAHEC initiative on this grant.

Mission, Vision, and Values

Mission

To cultivate [healthy communities](#) by [bridging gaps](#) in rural and underserved areas [in Southern Alabama](#) through prevention, education, workforce development and community partnerships.

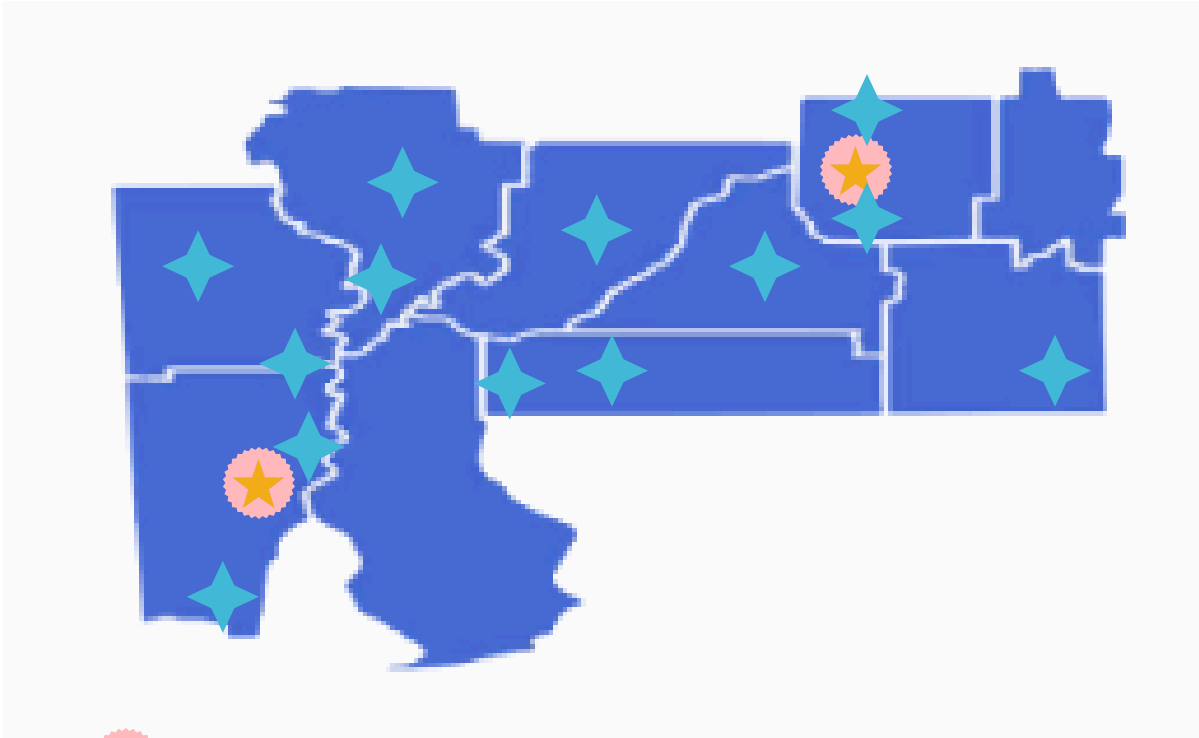
Vision

Healthy South Alabamians thriving in healthy communities.

Values

- Integrity FIRST
- Service
- Excellence In All We Do
- Other SAAHEC Guiding Principles:
 - Accountability
 - Responsibility
 - Reliability
 - Faithfulness
 - Diversity

Locations & Impact



Office Locations: Mobile & Georgiana



Events, Presentations, & Classes Offered

- **With 10 counties to cover, there is no lack of work to be done!**
- These counties include (from southwest to northeast):
 - Mobile
 - Washington
 - Baldwin
 - Clarke
 - Monroe
 - Escambia
 - Conecuh
 - Butler
 - Covington
 - Crenshaw
- Events & Presentations include, but are not limited to:
 - Bayou on the Move
 - Lillie B. Williamson High School
 - MOWA Choctaw Reservation Camp
 - Washington Technical School
 - Jackson High School
 - Clarke County High School
 - Atmore Community Hospital Diabetes Classes
 - D.W. McMillan Hospital Diabetes Classes
 - Monroeville County Hospital & Monroe County Career Fair
 - Georgiana High School
 - Hillcrest High School
 - Florala High School

Our Board of Directors

- **Chairperson:** Mr. Danny Patterson

- Director of the Gulf States Health Policy Center



- **Vice Chairperson:** Ms. Shernita Taylor

- Director of Workforce Development, Mobile Area Education Foundation, Executive Director of Delta Alabama AHEC



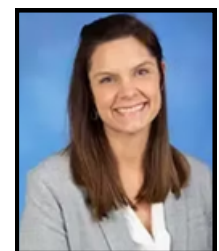
- **Other Executive Committee Members:**

- Ms. Jia Johnson, RN: HOSA Instructor at TL Faulkner School
- Ms. Latrisa Simpkins: Dual Enrollment Coordinator at Reid State Technical College



- **At Large Board Members:**

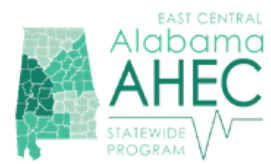
- Ms. Leigh Ann Johnson: Psychotherapist at Collins Counseling
- Ms. Erin Lunn: Assistant Professor, Program Director, Chair of the USA PA Department
- Dr. Tiffany Scarborough, DNP, RN: Dean of Nursing and Allied Health at Coastal Alabama Community College
- Ms. Michelle Shiver: Quality Assurance/ Improvement Director at Poarch Creek Health Department



Partners and Community Organizations

Statewide Nonprofit Partners:

West Central AHEC **The Bridge Center** **North Alabama AHEC** **East Central AHEC**



We at Southern Alabama AHEC are blessed to collaborate very closely with other statewide nonprofits, especially those in adjacent counties (West Central AHEC and The Bridge Center).

We accomplish much more **together!**

Community Organizations:

- Alabama Career Center
- Alabama Suicide Prevention Coalition
- Gulf States Health Policy Center
- Glorious LLC
- Mobile Area Education Foundation Workforce Center
- MOWA Choctaw Indian Reservation
- Poarch Creek Indian Reservation
- Rising Phoenix CDC
- ShareSafe

Educational Institutions:

- Coastal Alabama Community College
- Jes Health Services
- Lurleen B. Wallace Community College
- Monroe Healthcare Training Academy
- Shelton State Community College
- Reid State Technical College
- University of South Alabama
- Clarke County High School
- Conecuh County Technical Center
- Florala High School
- Georgiana High School
- Hillcrest High School
- Jackson High School
- Lillie B. Williamson High School

Healthcare Partners:

- Atmore Community Hospital
- Bay Minette Medical Arts Clinic
- D.W. McMillan Hospital
- Grove Hill Memorial Hospital
- Evergreen Medical Center
- Monroeville Community Hospital
- Mostellar Medical Clinic
- North Baldwin Infirmary



SAAHEC Grants & Programs

The Southern Alabama AHEC (SAAHEC) is a multi-funded 501(c)(3) non-profit organization established in 2014 that is dedicated to addressing health disparities, strengthening healthcare workforce, and improving healthcare access and outcomes in rural and medically under-served areas of Southern Alabama.

SAAHEC and ShareSafe Project

This project is a collaboration between Southern Alabama AHEC and ShareSafe Solutions, funded by Mobile County. ShareSafe is a small technology business in Mobile County whose mission is to develop healthcare technology to increase efficiency for clinicians and improve experiences for clinicians and patients with the goal of improving the equitable delivery of high-quality healthcare.

Through this project, ShareSafe is developing a new transformational healthcare technology named Share View®. This software platform enables smartphones paired with smart TVs to be the most useful, time-saving tools for nurses and clinicians. Through a smartphone app and a connected TV app, merged with access to a library of up to 2,200 healthcare videos and interfaced with the hospital's electronic health record (EHR), the TV at the foot of the patient's bed (the "footwall") becomes a robust clinical tool. Through a partnership with Samsung, Share View became the first connected TV app in the healthcare arena and advanced the small hospital experience of mobile multi-content casting to smart TVs.

County Impacted: Mobile

Highlights so far:

- **App development underway**
- 66 Smart TV's were purchased to be installed in all five local Mobile hospitals

Rural Health Network Development (RHND)

The RHND program is funded by the Health Resources and Services Administration (HRSA) and works to implement the Rural Health Network Development (RHND) Goldenrod Outreach (GO) Initiative, a coordinated community-based approach involving multi-sectoral interventions to increase services for prevention, treatment, and long-term management among those at risk for diabetes and heart disease in rural Southwest Alabama. West Central AHEC is the lead entity for this project, and we partnered with them to assist in accomplishing the project goals.

Counties Impacted: Clarke, Escambia, Monroe, Choctaw, Marengo, and Sumter

Accomplishments:

- Needs assessment utilized that reached 750 individuals across Clarke, Escambia, and Monroe counties (SAAHEC counties)
- **Four SAAHEC-Sponsored Diabetes Classes offered in Escambia county, reaching over 50 individuals in two cities**, with new class offerings in Atmore, Alabama, directly due to SAAHEC involvement and sponsorship through this grant

SAAHEC Grants & Programs



Non-Clinical South Alabama Rural Training (SART) Program:

The non-clinical SART program, funded by the Health Resources and Services Administration (HRSA), aims to address the ongoing need in healthcare facilities for trained administrative support professionals in rural communities of Alabama by developing and corresponding with the Alabama Delta Region Collaborative (ADRC) network that supports the recruitment, formal training, social needs, certification, and placement of students. This program provides training and pathways to professional certifications to current administrative support professionals working in rural Alabama healthcare facilities and new workforce entrants.

- Counties Impacted: Butler, Clarke, Monroe, Escambia, Conecuh, Washington, Hale, Perry, Sumter, Greene, Choctaw, Marengo, Dallas, Barbour, Bullock, Russell, Lowndes, and Macon

Multiple Programs are offered as part of this grant, including:

- Medical Billing and Coding Program
- Medical Billing Specialist with Electronic Health Records
- Medical Office Manager
- Certified Medical Administrative Assistant with Medical Terminology

Clinical South Alabama Rural Training (SART) Program:

SAAHEC's clinical SART program, funded by the Delta Regional Authority (DRA), implements a proven coordinated approach involving a multi-sector program to improve healthcare delivery in rural areas by training future and current health professionals for good-paying jobs in rural counties and address the ongoing need in healthcare facilities for trained health professionals in rural communities in Alabama.

- Counties Impacted: Butler, Clarke, Conecuh, Escambia, and Monroe

Multiple Programs are offered as part of this grant, including:

- Certified Nursing Assistant (CNA)
- Medical Assistant Technology
- Certified Clinical Medical Assistant
- Respiratory Therapy
- Three-in-One Certification with Phlebotomy, Medication Aid, and CNA
- Four-in-One Certification with Phlebotomy, EKG Tech, Patient Care Tech, Clinical Medical Assistant
- Associate Degree of Nursing

SART's Serving our Communities, by the Numbers

SART Non-Clinical

**88 Students,
Total**

44 Graduates

1,819 Applications

**18
Students in
Health-
care Jobs**

**21
Medical
Billing &
Coding
Grads**

**2 Medical Office
Manager Grads**

**14 Certified Medical
Admin Assistant Grads**

**7 Medical
Billing
Specialist
Grads**

**5
Credential
Certified
Students**

SART Clinical

**13 Students,
Total**

7 Graduates

**2 Certified Medical
Assistant Grads**

172 Applications

2 Four-In-One Certification Grads

**2
Certified
Nursing
Assistant
Grads**

**1 Certified
Clinical
Medical
Assistant
Grad**

Grants Finished Strong in 2024

Career and Professional Enrichment Program (CAPE)

The CAPE program, funded by a CIGNA grant, was a three-year program that ended in November of 2024 and was aimed at developing employability skills in underserved high school students and increasing the healthcare workforce in southern rural Alabama communities through awareness, collaborations, exposure, and education. The program's overall goal was to provide rural and underserved students with an awareness and understanding of health careers and soft skills to obtain entrance to health profession programs and entry-level healthcare employment.

Counties Impacted: Butler, Clarke, Conecuh, Escambia, Mobile, and Washington Counties.

The main goals of this program were to assist rural and underserved high school students with the following:

- Increase students' perception/knowledge about health careers and mental health careers
- Increase students' knowledge of self-care mechanisms
- Increase students' knowledge of soft/employability skills
- Increase students' preparedness and score outcome for the ACT
- Increase students' knowledge of resume writing and interview strategies

SAAHEC's three-year Career and Professional Enrichment Program ended strong at the close of November 2024. Cumulative data collected over the three-year period of program implementation revealed that **3,620 students were impacted at 17 schools and 140 educational sessions/activities were provided** (e.g., 42 Healthcare Careers 101 lessons to 473 students, 15 college campus tours to 386 students; and 19 mental health lessons to 2,861 students).

Southwest Alabama Opioid Response Project (SAOR)

The Southern Alabama AHEC partnered with the West Central Alabama AHEC (lead entity) to assist with the implementation of the Rural Communities Opioid Response Program (RCORP), a program funded through HRSA's Federal Office of Rural Health Policy. This RCORP program is also known as the Southwest Alabama Opioid Response (SAOR) Project. Our collaborative consortium engaged in a multi-sector coordinated approach to increase community capacity for prevention, treatment, and recovery support, with a targeted focus on those at risk and diagnosed with substance abuse disorder.

Counties Impacted: Butler, Choctaw, Clarke, Coffee, Conecuh, Covington, Dallas, Escambia, Greene, Henry, Marengo, Monroe, Perry, Sumter, and Wilcox

Major goals for the SAOR program include:

- Increasing Substance Use Disorder (SUD) Screening, Brief Intervention, and Referral to Treatment according to the SBIRT protocol
- Increase the number of primary care providers offering SUD assistance and assist to increase confidence of providers through CHW's implementation into healthcare settings and a greater referral network for Medication Assisted Treatment

Grants Finished Strong in 2024

Southern Alabama Vaccine Uptake Initiative (also known as the NCOA grant)

The Southern Alabama Vaccine Uptake Initiative was funded by the NCOA (National Council of Aging) and ended in summer 2024. SAAHEC designed a program to expand its already existing diverse pool of community health workers (CHWs) to meet the needs of the most vulnerable and medically-underserved communities and populations. This was accomplished through vaccine education and outreach to build vaccine confidence in order to get people vaccinated in a quick and efficient manner. SAAHEC utilized twelve CHWs for its ten-county service area to achieve the program goals and objectives. We also utilized our AHEC Scholars health profession students to assist with community outreach and education. The AHEC Scholar students have been instrumental in SAAHEC's COVID-19 testing and education efforts since 2020 and have proven to be an invaluable resource for reaching community members.

Counties Impacted (All ten SAAHEC counties): Baldwin, Butler, Clarke, Conecuh, Covington, Crenshaw, Escambia, Mobile, Monroe, and Washington, with a focus on rural counties and areas

NCOA's overall objectives for the Vaccine Uptake Initiative were to:

1. Implement a nationwide campaign to ensure older adults and people with disabilities get the latest COVID and flu vaccines
2. Conduct tailored outreach, host vaccine clinics, and offer services many older adults need to get vaccinated, such as transportation and assistance scheduling appointments

Highlights of the program throughout the project period (May 2023-April 2024) include:

- **Reached more than 21,242 older adults** through outreach and education events by the end of the program period, including almost 9,000 flyers or brochures about vaccines shared some months
- **Conducted 303 outreach education and/or vaccination events** with older adults and people with disabilities regarding COVID-19 and Influenza vaccines, including facilitating vaccination opportunities at many of these events through network pharmacy sponsors
- **Vaccination of 849 older adults and people with disabilities** by the end of the program
- Helped with scheduling 476 COVID-19/flu vaccination appointments for those who needed it
- Arranged or provided accessible transportation to 70 individuals to vaccination sites as needed throughout the year
- Provided monthly personal support to 18 older adults and people with disabilities

CDC-ADPH Health Disparities Project

The CDC-ADPH Health Disparities Project was a four-year project jointly funded by the Center for Disease Control (CDC) and the Alabama Department of Public Health (ADPH), which ended in May 2024. The Bridge Center was the lead entity for this project.

Counties Impacted: All ten SAAHEC counties

The following activities were accomplished under this project during the last fiscal year:

- **Conducted 3,765 COVID-19 tests** across the SAAHEC service area through **more than 300 community events**, especially among high-risk and underserved populations
- Maintained partnerships to conduct widespread testing with UAB Infectious Disease Laboratory

BUT
WAIT,

THERE'S
MORE!

NEW TO 2024



New to 2024: Grants & Programs

The Delta Region Maternal Care Coordination Program

In partnership with the West Central Alabama AHEC (WCAAHEC) and in collaboration with the newly formed maternal care subcommittee of the Southwest Alabama Healthcare Collaborative (SAHC), we have started implementing a new project starting fall 2024 named AlaRISE (Alabama Resources Information Support and Empowerment) Maternal Care Coordination, funded by HRSA. For this project, we use a proven, coordinated approach involving a multi-sector intervention to improve and increase access to care for pregnant women and new mothers during and after pregnancy in several Alabama Delta Region Counties. West Central AHEC is the lead entity for this project.

Counties Impacted: Butler, Clarke, Hale, Marengo, and Monroe

Goals of the program include:

- Utilizing care coordination strategies to enhance and expand access to perinatal services through a strong, diverse network of entities that offer care during and after pregnancy
- Utilize evidence-based, promising practices and/or value-based care model(s) in the planning and delivery of perinatal services.
- Identify barriers to providing maternal health care in the region and strategies for addressing such barriers.
- Develop and implement sustainable care coordination strategies into policies, procedures, services, staffing, and communication systems (including billing for appropriate services)

The Staff Sergeant Parker Gordon Fox Suicide Prevention Grant Program (SSG Fox SPGP)

The SSG Fox SPGP program is funded by the Department of Veteran Affairs, henceforth referred to as the VA. SSG Fox SPGP enables the VA to provide resources toward community-based suicide prevention efforts to meet the needs of veterans and their families through outreach, suicide prevention services, and connections to Veterans Affairs and community resources.

Counties Impacted: Bibb, Butler, Coffee, Conecuh, Crenshaw, Dale, Etowah, Lauderdale, Lawrence, Mobile, Monroe Talladega, Tuscaloosa, Washington, and Winston

SAAHEC will provide the following services as part of the SSG Fox SPGP grant:

- Outreach Services: We will identify veterans at risk of suicide and connect them with other local services.
- Baseline Mental Health Assessments: As approved by the VA, this screening enables a proper determination of the participant's mental health needs. This includes evaluating socio-economic status, a Patient Health Questionnaire (PHQ-9), Short Warwick Edinburgh Mental Wellbeing Scale, Generalized Self-Efficacy Scale, and Interpersonal Support Evaluation List (ISEL-12). Once determined to be at risk, community organization and VA resources are connected to the veteran.

New to 2024: Grants & Programs

The Staff Sergeant Parker Gordon Fox Suicide Prevention Grant Program continued:

- Community Education: SAAHEC provides suicide prevention education to veterans, communities, and families through Community Health Workers, Gatekeeper, Lethal Means Safety, Military Cultural Competency training, and more.
- Assistance Obtaining VA Benefits: There are multiple resources that we assist veterans with connecting to, including vocational and rehabilitation counseling, educational assistance, housing assistance, and health care/mental health services.
- Coordinating Other Public Benefits and Assistance with Emergent Needs: Benefits and Assistance include connecting veterans to services such as healthcare, housing, financial support, legal services, transportation, childcare, etc.
- Case Management Services: These services include referrals, scheduling, resource allocation, and education about suicide prevention services.

Project Save-A-Veteran (SAV)

Project SAV is granted through the Alabama Department of Veterans Affairs (ADVA). Project SAV addresses suicides among the veteran population in Alabama and seeks to bridge gaps between veterans and available resources at the local, state, and national levels. Project SAV's overarching purpose is to prevent/reduce veteran suicides in Alabama by improving the social, emotional, and/or psychological well-being of Alabama veterans and their families through screenings, training, and education and by bridging gaps between rural veterans, community, state, and VA resources. By the end of the grant year, SAAHEC's goal is to have screened 120 veterans and assist them in any possible way.

Counties Impacted: Butler, Crenshaw, Marengo, and Marion

The goals of the program are the following:

- Reduce the stigma associated with suicidal behaviors and mental and substance use disorders and promote help-seeking
- Promote efforts to reduce access to lethal means of suicide among individuals with identified suicide risk
- Increase the number and reach of community members competent in identifying and referring veterans at risk for suicide to appropriate services, especially in rural areas
- Enhance primary care professionals' knowledge of suicide and use of evidence-based practices for identifying and treating individuals at risk for suicide

Since beginning this initiative in **August of 2024**, major highlights of the program's accomplishments include the following:

- **Over 1,600 community members reached/trained, including over 200 veterans**
- 1,424 educational flyers & materials distributed
- Over 23,000 reached on social media with over 300 posts
- **217 gunlocks distributed**
- Over 50 events held/attended with 26 veteran-focused events
- ~40 veterans screened, and ~40 QPR training offered
- **Three lethal means safety trainings led by our Executive Director, Vanessa Hall**

Photo Fun!







NCOA



SAAHEC Team



Events



Conferences



MAKING OUR STORY OF SERVICE, YOURS.



DONATE ❤️

Join the SAAHEC Team through
donations of time, service, or finances.

Sponsor a student, sponsor an event, or sponsor an
employee training/conference!

*Thank You for
Your Support!*

Contact Us



334-362-4102



Info@saahec.org



www.saahec.org

Follow Us!



Georgiana Main Office:

312 N. Miranda Ave
Georgiana, AL 36033
Mail: Box 755

Mobile Satellite Office:

3951 Burma Road
Mobile, AL 36693